



About Us

A Medically-Integrated Recovery Pilot Program

Find Freedom. Heal the Body. Sustain Recovery.

Breaking The Cycle is a premier Intensive Outpatient Program (IOP) that merges the spiritual depth of the 12 Steps with the advanced biological restoration of Momentum Health and Wellness. We are looking for a select group of dedicated individuals to join our Founder's Group—the inaugural cohort that will pioneer this integrated model.

What We Offer

1. NAD+ Brain Restoration (IV Therapy)

We utilize high-dose Nicotinamide Adenine Dinucleotide (NAD+) to: Slash Cravings, Restore Cognitive Clarity, & Stabilize Neurochemistry.

2. BHRT (Bio-Identical Hormone Replacement)

Substance use often causes a "shutdown" of the endocrine system. We address this through: Adrenal Recovery & Hormonal Optimization

3. Peer-Led Support & Service Events

Sustained Recovery is accomplished through peer connection and service work. We tackle this need in our IOP with Peer-Led Recovery groups & Monthly Community Services events.



Work with Us



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Visit our website:

